

June 6, 2010

Malvern, PA—Congressman Joe Sestak (PA-07) joined the Malvern Memorial Parade, the nation's oldest, to help commemorate the service and sacrifice of those who have given their lives in defense of our nation. The Congressman is a former three-star Admiral and the son of a Navy Captain who served in the Atlantic and Pacific in World War II.

"America's sons and daughters have served in defense of liberty around the world," Joe said. "Today, more than 300,000 American service members are deployed overseas. We ask that everyone take a moment today to remember that troops don't go to war -- families and nations go to war. Let us never forget what so many have sacrificed in our defense and make sure that we serve our men and women in uniform, and their families, as well as they have served us."

Born and raised in Delaware County, former 3-star Admiral Joe Sestak served in the Navy for 31 years and now serves as the Representative from the 7th District of Pennsylvania. He led a series of operational commands at sea, including Commander of an aircraft carrier battle group of 30 U.S. and allied ships with over 15,000 sailors and 100 aircraft that conducted operations in Afghanistan and Iraq. After 9/11, Joe was the first Director of "Deep Blue," the Navy's anti-terrorism unit that established strategic and operations policies for the "Global War on Terrorism." He served as President Clinton's Director for Defense Policy at the National Security Council in the White House, and holds a Ph.D. in Political Economy and Government from Harvard University. According to the office of the House Historian, Joe is the highest-ranking

former military officer ever elected to the U.S. Congress.

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